

6-Chart 5  
Paste  
hh4a.net  
To web  
browser  
Pick playlist

A# or B#  
Next step  
Pick MP3

**VIDEOS**

*Intro to HHFA A#1-2*

*Embracing the Miraculous #A3-#8*

*Living God A#9-11*

*Prosperity Releasing Fear A#12*

*Sadness A#13, Anger A#14*

*Gestalt Therapy B#1-20*

**BOOKS**

*1-Embracing the Miraculous*

*2-Living the Magic Moment of Meditation*

*3-Self-Healing Program*

**CHAKRAS**

**BRACELET**

**NEGATIVE ATTITUDE**

**AFFIRMATION**

**VISUALIZE PHYSICAL**

**BENEFIT OF ROCK**

MP3 link Affirmations

**HEALTH WITH**

**FLOWER ESSENCE**

Video B Gestalt Therapy

B#4 Intro Mp3#0	1	#1 <b>Hematite</b>	I feel unsafe with God	I feel safe with God	Endocrine System: Pituitary, Hypothalamus, Pineal Thyroid, Hyperthyroid, Parathyroid	Body grounded. Feel safe in body on earth, protected. <b>Live in present, in oneness.</b>
B#1-3 Mp3#1		<b>Energizer</b>			Kidney Adrenals, Ovary, Prostate	<b>EMF's neutralized</b>

B#5 MP3#2		#2 <b>Jasper</b>	I feel unsafe with Mom	I feel safe with my Ideal Mom	Liver Gallbladder Kidney, Bladder, Myocardium Kidney, Ovary, Prostate, Uterus	Body grounded, anchored to earth. Heaven to Earth
		Organs Strong #1			Spleen Lymph, Mammary Lymph, Tonsils, Appendix	Earth to Heaven flow. Mother relationship heals

B#6 MP3#3		#3 <b>Gold Stone</b>	I feel unsafe with Dad	I feel safe with my Ideal Dad	Heart, Small Intestine Lung, Large Intestine	Grounded, Safe in Body Release fear. Feel
B#7		Organs Strong #2	I feel unsafe with My adult self	I feel safe with My adult self	Spleen, Stomach, Pancreas, Heart Blood, Bone, Bone Marrow	warmth in relationships Feel protected. Feel loved by Dad

B#8 B#9 B#10 MP3#4	1 1	#4 <b>Tiger Eye</b>	I feel alone, unwanted. I don't want to be on Earth.	I feel wanted, I feel I belong here. Forgiveness.	Lymph, Tonsils, Appendix Lymph, Mammary, Spleen, Blood Circulation, Major Nerves, Bones, Bone marrow, Eyes, Vision, Ears Skin, TMJ, Teeth, Connective Tissue	Heaven to Earth Flow Feel Universal Love Feel God holding you Release feeling trauma
		Body Systems Strong			Ligaments, Muscles, Tendons, ATP	Survival fears, not Wanted. Forgive, Release, heal guilt, shame

B#11 MP3#5 B#12	1 1	#5 <b>Pyrite</b>	I feel unwanted by Mom	I feel wanted By Mom	Liver, Kidney, Lymph Cleanse, Balance: L/H ATP, Histamine Estradiol, Estrogen, PMS, Menopause,	Feel wanted by Mom Feel and release emotions Feel wanted by Dad
		Hormones	I feel unwanted by	I feel wanted by		

MP3#6	1	Strong	Dad	Dad	Prostate, Progesterone, Testosterone	Forgive, release, heal, guilt
B#13			I feel unwanted by	I feel wanted by	Progesterone, Orchic (testical)	shame, anger, loneliness, Confidence, use will power
MP3#7			My Adult Self	My Adult Self	acne	Grounded in Self

B#14	2	#6	I feel unloved by	I feel loved by God		Feel loved by God
MP3#8	2	Rose Quartz	God	I feel loved by my Ideal Mom	Clean Adrenal, Lung, Colon Strong lungs, balanced asthma.	Feel infinite love
MP3#9		Hormones	I feel unloved by	Mom	Balanced HGH, Testosterone,	Feel loved by Mom
		Happy	Mom		Serotonin, Melatonin, Lithium	Letting Go, Forgive

B#14	2	#7	I feel unloved by Dad	I feel loved by my Ideal Dad	Strong Digestion, Metabolism,	Feel loved by Dad
MP3#10	2	Amazonite	Dad	Dad	Micro flora, Stomach, Enzymes, Glucose, Absorb, Balance Diabetes.	Feel intimacy, warmth
MP3#11		Digestion	I feel unloved by	I feel loved by my Ideal		<b>Celebration, play, energy</b>
		Strong	Adult self	Adult Self	Detox heavy metals, radiation,	Entire Being Energized
		Heavy Metals			synthetic chemicals, asbestos with	Forgive Dad
		Gone			Cilantro, Garlic, Blue Green Algae	

B#14	2	#8	I don't feel taken	I feel taken care of	Clean Blood, Heart, Spleen Support for Heart, Hypotonia, Oxygen	Receive God's Love
MP3#12	2	Malachite	care of by GMDA	By Ideal GMDA		Feel divinely loved
		Minerals	I feel hurt by God,	I feel nurtured by my Ideal GMDA	High Blood Pressure, Arrhythmia	Trust Universe,
		Vitamins	Mom, Dad, Adult		Calcium, Lithium, Iron, Zinc,	Feel oneness
		Strong			Manganese, Copper, Sulfur,	Strong Courage
	2				Phosphorus, Iodine, Magnesium Selenium, Chromium, trace mineral	Release fear and abuse
					Vitamins A, B, Co Q10, E, K	

B#14	2	#9	I don't feel	I feel accepted by God, Ideal Mom, Dad, Adult	Clean Colon, Strong Sinus, Tonsil,	Accept self, accept gender
MP3#13	2	Sodalite	accepted		Thymus, Appendix, T cells, cells,	Feel Self Approval
	2	Immunity	I don't feel		Teeth, Gums, bones, Immunity.	Trauma Released
	2	Strong	approved of, nor	I feel approved of	Balanced bacteria,	I Feel Enough
	2	#1	perfect as I am.	I am perfect the way I am,	Infections, inflammation, cough,	I Feel Self Worth, beautiful
	2		Being female, or male is wrong	am as female, male	strep, staph. Balanced virus:	I feel Radiant, Warm
			Being sensual is	Being sensual is	Chicken Pox, Shingle, Herpes	I feel Able to Trust
			Being sensual is	beautiful	Simplex, Hepatitis, Coxsackie,	I Trust Others, I Trust My Inner Knowing, I Trust My
MP3#14		wrong		I feel enough, I am,	Epstein Barr, Flu, Fatigue, Lyme,	
		I don't feel enough		you are enough	Flu, warts.	Ability to Heal, Courage
MP3#15		I am unable to trust		I trust myself, I trust others		
		trust		G,M,D,A		

B#15	3	#10	I don't feel support	I feel supported by GMDA	Strong Brain, Memory, Learning, Nerves, cell function	I Feel Supported with love
MP3#16	3	Lapis	I don't feel	I feel important with GMDA	Clean Brain, pituitary, joints.	prosperity, goals, my body
B#16	3	Immunity	important	I feel valued, worthy with GMDA	Oxygen Absorption	feeling appreciated, worthy
	3	Strong	I don't feel valued, worthy	I feel appreciated by	Strong for fungi, mold, house dust	confident, able to take stand
	3	#2	I don't feel	GMDA	parasites, amoebas, worms, B,,C	Ignites will
			appreciated	I feel in control aligned		Connects Will, Power
MP3#17			I feel controlled	with God		

B#17		#11	I don't feel uncondi	I feel unconditionally loved	Clean Brain & Thyroid, Joints	I feel Unconditionally loved
MP3#18	4	Amythst	tionally loved		Strong for Miasms of Fungi, TB, Virus, Cholera, Chronic Fatigue,	
	5	Allergy	I conditionally love	I unconditionally love myself	Sycosis, Psora, Skin Diseases,	Express Emotions
B#18	5	Strong	I don't feel heard	I feel heard by my GMDA	Dry Skin, Acne, Allergies: Grain	Spiritual Surrender
MP3#19	5	#1	I don't feel safe	I feel safe	Dairy, weed, grass, tree, pollen	Communicate with Guides
	5		expressing	expressing to all		Listen to Inner Self, Guides
	6		Others don't hear me	My will is Thy Will		Manifest, Living
B#19	6		I am living my will	I have, trust, follow my dreams		Find Spiritual Path, Destiny
MP3#20	6		I don't trust, follow	guidance and		
MP3#21	6		my dreams, guidance	knowingness		
	6		knowingness			

B#20		#12	I am separate from	I am living God	Clean skin and joints	Oneness with
MP3#22	7	Ameythst	God	I am one with all	Strong for inherited weaknesses miasms	God, awaken Spiritually
		13 Gems, all	I am separate from	existence	with Mental Disorders, Syphilis, Degenerative Diseases, Allergy, TB,	Enlightenment
		Allergy	others		Tetanus. Strong for	Bliss
		Strong				
		#2	I am not prosperous	I feel, I am prosperous	allergies to black mold, MSG, flowers, fruit, berries, nuts, shell fish	Prosperity in all ways
			on all 6 levels	on all 6 levels in every way, every day	trees, weeds, wheat, nightshade, food, inhalant allergies, air, water, animal fur, aspartame, berries, MSG, meat, nuts, poison ivy	spiritually, mentally, emotionally, relationship
					Balance hives, food poisoning, diarrhea, constipation, stress, sexual stimulation.	prosperity, physically
					Strong for all vaccinations	
					DPT, Hepatitis ABC, HIB, MMR	
					Varicella, Variola, HGH	

